



Sudbury & District

Health Unit

**Service de
santé publique**

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Healthy
Day!*

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dès
aujourd'hui!*

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principal:**

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101 rue Pine Street E
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☎ (705) 860-9200
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Espanola ON P5E 1J3
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March 23, 2011

The Honourable Margaret Best
Minister of Health Promotion and Sport
18th Floor
777 Bay Street
Toronto, ON M7A 1S5

The Honourable Deb Matthews
Minister of Health and Long-Term Care
Hepburn Block
10th Floor
80 Grosvenor Street
Toronto, ON M7A 2C4

Dear Ministers:

Re: Energy Drinks

At its meeting on March 10, 2011, the Sudbury & District Board of Health carried the following resolution #13-11:

WHEREAS energy drinks contain excess amounts of caffeine, sugar and other additives; and

WHEREAS energy drinks provide minimum nutritional value and children and youth consuming energy drinks may easily exceed the maximum amount of caffeine for their age; and

WHEREAS there are no regulations prohibiting the advertisement or sale of energy drinks to children and youth; and

WHEREAS the effects of caffeine present in energy drinks can mask the symptoms of intoxication when energy drinks are mixed with alcohol and may lead to alcohol toxicity, impaired driving, and other negative outcomes; and

WHEREAS Health Canada issued a media advisory in May 2010 which expressed their concern over combinations of energy drinks and alcohol;

THEREFORE BE IT RESOLVED THAT the Sudbury & District Board of Health urge the federal Minister of Health, the provincial Minister of Health and Long-Term Care and Minister of Health Promotion and Sport to review the health issues associated with energy drinks, their advertisement to children and youth and their sale as premixed alcohol/energy drink beverages in liquor stores; and

FURTHERMORE THAT copies of this motion be forwarded to all Ontario boards of health, provincial government partners and local members of provincial parliament, the Ontario Public Health Association (OPHA), the Association of Local Public Health Agencies (ALPHA), Federation of Northern Ontario Municipalities (FONOM) and local school boards.

Thank you for your attention to this important public health issue.

Yours sincerely,



Penny Sutcliffe, MD, MHSc, FRCPC
Medical Officer of Health and Chief Executive Officer

- c.: Rick Bartolucci, Member of Provincial Parliament, Sudbury
Michael A. Brown, Member of Provincial Parliament, Algoma-Manitoulin
France G linas, Member of Provincial Parliament, Nickel Belt
Dr. Arlene King, Chief Medical Officer of Health
Linda Stewart, Executive Director, Association of Local Public Health Agencies
Siu Mee Cheng, Executive Director, Ontario Public Health Association
Ontario Boards of Health
School Boards within the Sudbury & District Health Unit Catchment area
Federation of Northern Ontario Municipalities



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March 23, 2011

The Honourable Leona Aglukkaq, P.C., M.P.
Minister of Health
Health Canada
Brooke Claxton Building, Tunney's Pasture
Postal Locator: 0906C
Ottawa, ON K1A 0K9

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*An Accredited Teaching Health Unit
Centre agréé d'enseignement en santé*

Federal Minister of Health
Re: Energy Drinks
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Penny Sutcliffe, MD, MHSc, FRCPC
Medical Officer of Health and Chief Executive Officer

- c.: Claude Gravelle, Member of Parliament, Nickel Belt
Carole Hughes, Member of Parliament, Algoma-Manitoulin-Kapuskasing
Glenn Thibeault, Member of Parliament, Sudbury
Dr. Arlene King, Chief Medical Officer of Health
Siu Mee Cheng, Executive Director, Ontario Public Health Association
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